

**Have a Safe and  
Healthy Day!**

- Get 6-8 hours of sleep each day
- Eat lots of fruits and vegetables
- Drink fluids
- Be physically active
- Use seat belts / car seats
- Be tobacco free
- Wear a helmet when biking
- Get recommended screenings
- Stay a healthy weight



**Public Health**  
Prevent. Promote. Protect.

West Allis Health Department

# West Allis Health Department

*Serving Our Community Since 1906*



**7120 West National Avenue  
West Allis, Wisconsin 53214  
414-302-8600 ▪ Fax 414-302-8628  
<http://www.westalliswi.gov>**

## MISSION STATEMENT

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The West Allis Health Department will provide community leadership to protect and promote the health of West Allis citizens.

## West Allis Health Department Telephone Numbers

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General Number .....	302-8600
Birth & Death Certificates .....	302-8633
Dental Hygiene.....	302-8639
FAX .....	302-8628
Health Education.....	302-8640 302-8641
Senior Center .....	302-8700
WIC .....	302-8642
Website .....	<a href="http://www.ci.west-allis.wi.us">http://www.ci.west-allis.wi.us</a>

January 2010  
c:\West Allis Health Department Brochure

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### General Business Hours

Monday — Friday  
8:00 A.M. — 5:00 P.M.

***Call for Specific Clinic Times***

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# WEST ALLIS SENIOR CENTER



Arts and crafts, recreational and leisure time activities are offered for older adults. Serves as an Elderly Nutrition Site Monday through Friday. It is located at 7001 West National Avenue.

Most West Allis Health Department services are provided free or at a minimal cost. Call **(414) 302-8600** for further information regarding services, clinic hours, appointments and fees.

Terry L. Brandenburg  
Health Commissioner

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## COMUNITY HEALTH SERVICES

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### **Blood Pressure Screening**

Blood Pressure screening, education and counseling is available Monday through Friday 9:00 a.m. to 4:00 p.m.

### **Blood Lead Testing**

Blood lead-screening tests are recommended for all children 1-2 years of age, even if they appear healthy. Tests are given to children ages 6 months to 6 years old if lead exposure is suspected. The tests are provided by

appointment.

### **Communicable Disease Control**

Public health nurses provide education and counseling regarding a variety of communicable diseases.

### **First Breath**

A statewide quit smoking program for pregnant women. Offers quit smoking materials, counseling, incentives, and support

### **Health Information and Referral Phone Line**

A Public Health Nurse is available Monday through Friday from 8:00 am to 5:00 pm to answer health related questions and assist in locating community resources.

### **Home Visits and Consultations with a Public Health Nurse**

Public Health Nurses are available to visit families with newborns and children in their homes. Information on infant and childcare, parenting and community resources is provided to parents, older adults and their families.

### **everywoman's journal training**

This free two-hour program provides the opportunity for women to express their feelings in written format. The benefits of journaling are explained, and a variety of journaling styles are presented.



### **Head Lice Orientations**

School volunteers are trained to check for head lice in area schools.

### **Loving Touch Infant Massage Classes**

Classes are offered for infants six months of age and younger, and their caregivers. This hands-on class teaches the benefits and techniques of infant massage.



### **Red Cross School Health Room Responder Class**

A training class for staff and volunteers performing First Aid duties in the school health rooms.

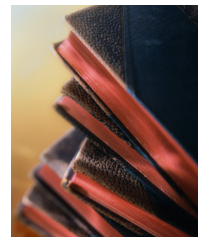
### **Reflections of Wellness for Women**

An annual women's self-care expo sponsored by community partners. Includes speakers, exhibits and health information.

## VITAL STATISTICS

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Births and deaths occurring in West Allis are registered at the West Allis Health Department. Certified copies of birth and death certificates are available for a fee upon request. Health statistics are compiled for future health programs and services.





## **FARMERS' MARKET**

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### **Farmers' Market**



Locally grown produce and plants are sold at an outdoor market, 1559 South 65th Street. Open on Tuesday and Thursday from 12:00 pm to 6:00 pm and on Saturday from 1:00 pm to 6:00 pm, from May to November.

### **Marketplace (Formerly Trash and Treasures)**

Weekly rummage sale, Sunday, 8:00 am to 5:00 pm is held at the West Allis Farmers' Market during the summer months. Spaces are available for rental Monday, Tuesday, and Friday from 8:30 am – 4:30 pm.

## **HEALTH EDUCATION SERVICES**

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Educational programs are provided on health topics and Health Department services to worksite, church, school, and community groups. School topics include:

- Human Growth and Development
- Safety & First Aid
- Personal Hygiene
- Nutrition
- Handwashing
- Tobacco

Pamphlets and other health resource materials are provided to individuals and groups upon request. Group tours of the Health Department are scheduled by appointment.

### **Immunization Clinics**

A walk-in immunization clinic is available each Wednesday from 8:30 am to 12:30 pm and each Thursday from 12:30 pm to 4:00 pm. Immunizations are available by appointment every second Monday from 4:00 pm to 7:00 pm and every fourth Tuesday from 4:00 pm to 7:00 pm. Community flu clinics are held in the fall. Flu immunizations are available to homebound residents each fall.

### **Love and Logic Parenting Classes**

Love and Logic Parenting Classes are offered twice yearly. Parents learn how to help children become responsible by sharing control, offering choices, and effective communication.

### **Parenting Classes**

General parent education classes are offered with topics ranging from child development to dealing with misbehaviors.

### **Pregnancy Testing**

Free pregnancy screening tests are offered Monday through Friday. Women are offered counseling and referrals.

### **Prenatal Care Coordination**

Pregnant women meet monthly with a Public Health Nurse to discuss prenatal care and community resources.

### **Two For The Show**

A child development screening event designed to identify potential learning or developmental concerns for parents and their two year olds. Offered twice a year.